The Preschool Feelings Checklist (PFC) is a brief and valid screening measure feasible for use in primary care, clinical, and research settings. Sixteen items on the PFC cover a range of both internalizing and externalizing symptoms.

The PFC is designed to be scored in a symptom present/absent fashion. If the respondent indicates “Yes,” the child should be given a score of 1 for that item; if the respondent indicates “No,” the child should be given a score of 0 for that item, resulting in total possible score of 16. Item #1 is reverse scored, meaning that this item endorsed “Yes’ My child is always interested in playing with other kids” receives a 0 while this item endorsed “No” receives a 1.

A total score of 3 or more indicates the need for a clinical evaluation (Luby et al., 2004).