



## **Preschool Feelings Checklist**

Child's NameAddress		Daytime Phone			
Evening Phone Best time to call Checklist Completed	_ Gender	F	M	Date	
Please complete this questionnaire. Your signature gives Washington	on Univers	sity the per	rmission to c	contact you.	
MY CHILD:					
Is almost always interested in playing with other kids.				Y	N
Frequently appears sad or says he/she feels sad.				Y	N
Has a lot of trouble following simple directions or rules.				Y	N
Seems not to be as excited about play or activities as much as other	kids.			Y	N
Whines or cries a lot.				Y	N
Can't pay attention to games or tasks for very long.				Y	N
Keeps to him/herself.				Y	N
Pretend plays about scary or sad things.				Y	N
Blames him/herself for things.				Y	N
Seems to lack confidence.				Y	N
Doesn't react to things that other children his/her age find exciting o	r upsetting	g.		Y	N
Often seems to be very tired and has low energy.				Y	N
Seems to feel overly guilty.				Y	N
Failed to gain weight or has lost weight (without being on a diet).				Y	N
Used to behave his/her age but now seems to act younger (for examptrained but now soiling clothes).	ole, used t	o be potty		Y	N
Seems more irritable or grouchy than other children his/her age.				Y	N
SIGNATURE:					
Please Print name here:					
After completing this form, please return to the nurse.					

Luby J, Heffelfinger A, Mrakotsky C, Hildebrand T (1999), *Preschool Feelings Checklist*. St. Louis, MO: Washington University.