

# Mental Health Resources in St. Louis

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# Crisis Hotlines

**\*\* FOR IMMEDIATE EMERGENCIES PLEASE CALL 911 \*\***

## 24 Hour Suicide Hotlines

### National Suicide Prevention Lifeline

Call: **1-800-273-8255**

Online Chat: <https://suicidepreventionlifeline.org/chat/>

### Veterans Crisis Line

Call: **1-800-273-8255 & Press “1”**

Text: **838255**

Online Chat: <https://www.veteranscrisisline.net/ChatTermsOfService.aspx>

### Behavioral Health Response (BHR)

Call: **314-469-6644** OR **1-800-811-4760**

### Provident Crisis Hotline

Call: **314-647-4357**

### Crisis Text Line

Text: **HOME to 741741**

## Domestic Violence Hotlines

### National Domestic Violence Hotline

Call: **1 (800) 799-7233**

### Alternatives to Living in Violent Environments (ALIVE) Hotline

Call: **(314) 993-2777**

Web: <https://alivestl.org/>

## Sexual Assault/Rape Hotlines

### YWCA Rape Crisis Line

Call: **(314) 531-7273**

## **National Sexual Assault Hotline**

Call: **1 (800) 656-4673**

Online Chat: <https://hotline.rainn.org/online/>

Web: <https://www.rainn.org/>

## **Hotlines for Adolescents**

### **The Childhelp National Child Abuse Hotline**

Call: **1 (800) 422-4453**

### **Kids Under Twenty-One**

Call: **1 (888) 644-5886** Open every day after 4p.m. CST

### **Specialty Hotline for LBGT+ Youth**

#### **The Trevor Project**

Call: **866-488-7386** Text: **"Trevor"** to **1 (202) 304-1200**

## **Emergency Parental Relief Services**

**\*\* FOR IMMEDIATE EMERGENCIES PLEASE CALL 911 \*\***

### **St. Louis Crisis Nursery**

The Saint Louis Crisis Nursery (SLCN) is an independent, not-for-profit agency funded by donations that provides short-term, emergency shelter for children, *birth through age 12*, whose families are faced with emergencies or who are in crisis.

<https://www.crisisnurserykids.org/>

Main Information Line: **(314) 292-5770**

### **Crisis Nursery Centene Center**

1928 Gravois Ave.

Saint Louis, MO 63104

24-Hour Helpline: **(314) 768-3201**

### **Crisis Nursery North**

11037 Breezy Point Lane  
Saint Louis, MO 63136

**24-Hour Helpline: (314) 953-8030**

### **Crisis Nursery Saint Charles**

315 First Capitol Drive  
Saint Charles, MO 63301

**24-Hour Helpline: (636) 947-0600**

### **Crisis Nursery West**

328 S. Fourth St.  
Saint Charles, MO 63301

**24-Hour Helpline: (636) 940-2504**

### **Crisis Nursery Wentzville**

700 Medical Drive,  
Wentzville, MO

**24-Hour Helpline: (636) 887-3070**

## **Hospital Based Services**

**\*\* All services are by APPOINTMENT ONLY unless stated otherwise \*\***

### **Barnes-Jewish Hospital Mental Health Services**

Serves all ages

<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
Medicaid Need based assistance for those who qualify Most private insurance	<b>Outpatient:</b> Individual Therapy Medication Services	<b>(314) 362-5065</b> 4901 Forest Park Ave., Floor 4, Suite 441, St. Louis, MO 63108 <a href="https://www.barnesjewish.org/MedicalServices/Clinics/Psychiatry-Clinic">https://www.barnesjewish.org/MedicalServices/Clinics/Psychiatry-Clinic</a>

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<b>Cardinal Glennon Children’s Hospital Department of Psychology</b> Serves all ages		
Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Need based assistance for those who qualify Most private insurance (Tricare)	<b>Inpatient, Outpatient:</b> Individual & Family Therapy Psychological Testing Medication Services	<b>(314) 577-5667</b> 1465 S Grand Blvd, St. Louis, MO 63104 <a href="https://www.ssmhealth.com/cardinal-glennon/pediatric-psychology-therapy">https://www.ssmhealth.com/cardinal-glennon/pediatric-psychology-therapy</a>
<b>CenterPointe Hospital</b> Serves ages 12+		
Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Most private insurance (Tricare)	<b>Inpatient, Partial Hospitalization, and Outpatient:</b> Addiction Treatment Program Medical Therapy Procedures Individual & Group Therapy Medication Services	<b>(636) 441-7300</b> 4801 Weldon Spring Parkway St. Charles, MO 63304 <a href="http://centerpointehospital.com/">http://centerpointehospital.com/</a>
<b>Christian Hospital Mental Health Services</b> Serves adults ages 18+		
Accepted Insurance	Services Offered	Contact
Medicare Part B Medicaid HMO Most private insurance	<b>Intensive Outpatient:</b> Addiction Treatment Transitional Services Support Groups Educational Classes	<b>(314) 953-8100</b> 11125 Dunn Road Medical Office Bldg. 2, Ste. 401 St. Louis, MO 63136 <a href="https://www.christianhospital.org/Medical-Services/Mental-Health">https://www.christianhospital.org/Medical-Services/Mental-Health</a>
<b>Hyland Behavioral Health</b> Ages 12+		
Accepted Insurance	Services Offered	Contact
Most private insurance	<b>Outpatient, Intensive Outpatient, Inpatient:</b> Individual, Family, & Group Therapy Substance Abuse Treatment Medication Services	<b>(314) 268-4669</b> 10018 Kennerly Rd, St. Louis, MO 63128 <a href="http://www.stanthonysmedcenter.com/Medical-Services/Behavioral-Health">http://www.stanthonysmedcenter.com/Medical-Services/Behavioral-Health</a>

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<b>Mercy Hospital Jefferson</b> Serves ages 18+		
Accepted Insurance	Services Offered	Contact
Some Managed Medicaid Medicare Part B Need based assistance for those who qualify Most private insurance	<b>Intensive Outpatient, Inpatient:</b> Intensive Treatment for Mental Health Concerns	(636) 933-1000 Intensive Outpatient: (636) 933 - 1210 1400 Highway 61 South Festus, MO 63028 <a href="https://www.mercy.net/practice/mercy-hospital-jefferson/">https://www.mercy.net/practice/mercy-hospital-jefferson/</a>
<b>Mercy Clinic Child and Adolescent Psychiatry- Edgewood</b> Serves ages 3 – 18		
Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Most private insurance (Tricare)	<b>Inpatient, Partial Hospitalization, and Outpatient:</b> Addiction Treatment Medical Therapy Procedures Individual & Group Therapy Medication Services	(636) 441-7300 4801 Weldon Spring Parkway St. Charles, MO 63304 <a href="http://centerpointehospital.com/">http://centerpointehospital.com/</a>
<b>Mercy Clinic Child and Adolescent Psychiatry- Medical Tower A</b> Outpatient: Ages 3 – 18, Intensive Outpatient: Ages 13+, Inpatient: Ages 6+		
Accepted Insurance	Services Offered	Contact
Some Managed Medicaid Medicare Part B Need based assistance for those who qualify Most private insurance	<b>Outpatient, Intensive Outpatient, Inpatient:</b> Individual Therapy Medication Services Intensive Treatment	(314) 251-6898 621 S. New Ballas Road, Tower A, St. Louis, MO 63141 <a href="https://www.mercy.net/practice/mercy-clinic-child-and-adolescent-psychiatry-medical-tower-a-suite-693a/">https://www.mercy.net/practice/mercy-clinic-child-and-adolescent-psychiatry-medical-tower-a-suite-693a/</a>
<b>St. Louis Children's Specialty Care Center</b> Serves Ages 3 - 18		
Accepted Insurance	Services Offered	Contact
Some Medicaid/Medicare Most private insurance	<b>Outpatient:</b> Diagnostic Assessments Medication Services Individual Therapy	(314) 454-5437 13001 North Outer Forty Town and Country, MO 63017 <a href="http://www.stlouischildrens.org/our-services/offsite-services/st-louis-children-s-specialty-care-center">http://www.stlouischildrens.org/our-services/offsite-services/st-louis-children-s-specialty-care-center</a>

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<b>St. Mary's Hospital - St. Louis</b>		
Serves Ages 18+		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Medicaid/Medicare</p> <p>Need based assistance for those who qualify</p> <p>Most private insurance (Tricare)</p>	<p><b>Outpatient, Inpatient:</b></p> <p>Individual Therapy</p> <p>Addiction Treatment</p> <p>Medication Services</p>	<p><b>(314) 768-8000</b></p> <p>6420 Clayton Road St. Louis, MO 63117</p> <p><a href="https://www.ssmhealth.com/locations/st-marys-hospital-st-louis">https://www.ssmhealth.com/locations/st-marys-hospital-st-louis</a></p>

## **Community Mental Health Centers**

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<b>Affinia Child Developmental Center</b>		
Serves Ages 2 - 18		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Medicaid/Medicare Advantage</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Most private insurance (Tricare)</p>	<p><b>Outpatient:</b></p> <p>Individual &amp; Family Therapy</p> <p>Medication Services</p> <p>Psychological Assessment</p> <p>Neurological Assessment</p>	<p><b>314-814-8700</b></p> <p>1717 Biddle St. Louis, Missouri 63106</p> <p>Or</p> <p>2220 Lemp Ave. St. Louis, Missouri 63104</p> <p><a href="http://affiniahealthcare.org/services/community-health-services/childrens-development-centers/">http://affiniahealthcare.org/services/community-health-services/childrens-development-centers/</a></p>

<b>Amanda Luckett Murphy Hopewell Centers</b>		
Serves Ages 18+		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Missouri Medicaid</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Some private insurance</p>	<p><b>Outpatient/ Inpatient:</b></p> <p>Individual &amp; Family Therapy in Home &amp; at Clinic</p> <p>Case Management</p> <p>Medication Services</p> <p>Residential Programs for Adults in Transition</p> <p>Group Homes</p>	<p><b>(314) 531-1770</b></p> <p>909 14th Street. St. Louis, MO 63106</p> <p><a href="http://hopewellcenter.com/">http://hopewellcenter.com/</a></p>

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<b>BJC Behavioral Health – Central</b>		
Serves All Ages, <b>Accepts Walk-Ins:</b> Monday – Friday 8:30 a.m. - 3 p.m		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Medicaid/ Medicare</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Most private insurance</p>	<p><b>Outpatient:</b></p> <p>Case Management</p> <p>Treatment for Preschoolers</p> <p>Individual, Group, &amp; Family Therapy</p> <p>Medication Services</p> <p>Respite Care</p>	<p><b>(314) 206-3700</b></p> <p>1430 Olive, Suite 500 St. Louis, MO 63103-2377</p> <p><a href="https://www.bjcbehavioralhealth.org/">https://www.bjcbehavioralhealth.org/</a></p>
<b>BJC Behavioral Health – North</b>		
Serves All Ages		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Medicaid/ Medicare</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Most private insurance</p>	<p><b>Outpatient:</b></p> <p>Case Management</p> <p>Treatment for Preschoolers</p> <p>Individual, Group, &amp; Family Therapy</p> <p>Medication Services</p> <p>Respite Care</p>	<p><b>(314) 206-3900</b></p> <p>3165 McKelvey Road, Suite 200 Bridgeton, MO 63044-2550</p> <p><a href="https://www.bjcbehavioralhealth.org/">https://www.bjcbehavioralhealth.org/</a></p>
<b>BJC Behavioral Health – South</b>		
Serves All Ages		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Medicaid/ Medicare</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Most private insurance</p>	<p><b>Outpatient:</b></p> <p>Case Management</p> <p>Treatment for Preschoolers</p> <p>Individual, Group, &amp; Family Therapy</p> <p>Medication Services</p> <p>Respite Care</p>	<p><b>(314) 206-3400</b></p> <p>11102 Lindbergh Business Court St. Louis, MO 63123-7810</p> <p><a href="https://www.bjcbehavioralhealth.org/">https://www.bjcbehavioralhealth.org/</a></p>



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<b>BJC Behavioral Health – Southeast</b>		
Serves All Ages, <b>Accepts Walk-Ins:</b> Mon, Wed, Thurs, Fri: 9 a.m. - 3 p.m., Tues 9 a.m. - 6 p.m.		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Medicaid/Medicare</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Most private insurance</p>	<p><b>Outpatient:</b></p> <p>Case Management</p> <p>Treatment for Preschoolers</p> <p>Individual, Group, &amp; Family Therapy</p> <p>Medication Services</p> <p>Respite Care</p>	<p><b>(573) 756-5353</b></p> <p>1085 Maple Street Farmington, MO 63640-1955</p> <p><a href="https://www.bjcbbehavioralhealth.org/">https://www.bjcbbehavioralhealth.org/</a></p>
<b>Care and Counseling</b>		
Serves All Ages		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Medicare</p> <p>Need based assistance for those who qualify</p> <p>Most private insurance (Tricare)</p>	<p><b>Outpatient:</b></p> <p>Individual, Couples, &amp; Family Therapy</p>	<p><b>(314) 878 4340</b></p> <p>12141 Ladue Road St. Louis, MO 63141-8120</p> <p><a href="https://careandcounseling.org/">https://careandcounseling.org/</a></p>
<b>Center for Counseling and Family Therapy</b>		
Serves All Ages		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>Fees based on pre-tax income (Sliding Scale)</p>	<p><b>Outpatient:</b></p> <p>Individual, Family, and Couples Therapy</p>	<p><b>(314) 977-2505</b></p> <p>3700 Lindell Blvd. Morrissey Hall, Suite 1100 St. Louis, MO 63108</p> <p><a href="https://www.slu.edu/medicine/family-medicine/center-counseling-family-therapy/index.php">https://www.slu.edu/medicine/family-medicine/center-counseling-family-therapy/index.php</a></p>
<b>Christian Family Service</b>		
Ages 11+		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
<p>HMO Medicaid</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Most private insurance</p>	<p><b>Outpatient:</b></p> <p>Individual, Couples, &amp; Family Therapy</p>	<p><b>(314) 968-2216</b></p> <p>7955 Big Bend Blvd Webster Groves, MO 63119</p> <p><a href="https://www.stlcf.org/">https://www.stlcf.org/</a></p>

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<b>Clayton Behavioral Health</b> Serves All Ages, Including Those Under 5		
Accepted Insurance	Services Offered	Contact
Each therapist/psychiatrist accepts different insurance. Please contact the office and/or your insurance provider to see if a therapist/psychiatrist is in your insurance network.	<b>Outpatient:</b> Psychological Assessments Individual, Family, and Group Therapy Parent Therapy/Coaching for Children Under 5 Substance Abuse Treatment Medication Services Support Groups	For a full list of contact numbers please see: <a href="https://www.claytonbehavioral.com/contact">https://www.claytonbehavioral.com/contact</a> 9890 Clayton Rd. St. Louis, Mo 63124 <a href="https://www.claytonbehavioral.com/">https://www.claytonbehavioral.com/</a>
<b>Communities Healing Adolescent Depression and Suicide (CHADS)</b> Serves Those Under 21		
Accepted Insurance	Services Offered	Contact
\$25 a Session Need based assistance for those who qualify No Insurance Accepted	<b>Outpatient:</b> Individual & Family Therapy Short Term Therapy Lasting 6 – 8 Weeks Support Groups	(314) 952-2046 4121 Union Road, Suite 224 St. Louis, MO 63129 <a href="http://www.chadscoalition.org/counseling.html">http://www.chadscoalition.org/counseling.html</a>
<b>Community Psychological Service</b> Serves Ages 6+		
Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Fees based on pre-tax income (Sliding Scale) Need based assistance for those who qualify Most Private Insurance (Tricare)	<b>Outpatient:</b> Psychological Assessments Individual, Family, and Group Therapy	(314) 516-5824 One University Boulevard 232 Stadler Hall St. Louis, MO 63121 <a href="http://www.ums1.edu/services/cps/">http://www.ums1.edu/services/cps/</a>
<b>COMTREA (Jefferson County)</b> Serves All Ages		
Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Fees based on pre-tax	<b>Outpatient, Intensive Outpatient:</b>	(636) 220-5397 109 North Mill Street

income (Sliding Scale) Most Private Insurance (Tricare)	Individual, Family, Group, and Play Therapy Medication Services In Home Support Services Substance Abuse Treatment (CSTAR) Case Management	Festus, MO 63028 <a href="https://www.comtrea.org/">https://www.comtrea.org/</a>
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### Creve Coeur Community Counseling

Ages 8+

Accepted Insurance	Services Offered	Contact
\$20 per session	<b>Outpatient:</b> Individual, Family, & Group Therapy Psychological Testing	<b>(314) 991-0100</b> 10176 Corporate Square Drive Suite 100-S Saint Louis MO 63132 <a href="https://www.cccastl.com/">https://www.cccastl.com/</a>

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### Crider Health Center – St. Charles

Serves Ages 3+

Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Fees based on pre-tax income (Sliding Scale) Most private insurance	<b>Outpatient:</b> Individual, Family, and Group Therapy Psychological Assessments Substance Abuse Treatment	<b>(636) 946-4000</b> 102 Compass Point Drive, St.Charles, MO 63301 <a href="http://compasshealthnetwork.org/location/crider-health-center-st-charles/">http://compasshealthnetwork.org/location/crider-health-center-st-charles/</a>

### Crider Health Center – Wentzville

Serves Ages 3+

Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Fees based on pre-tax income (Sliding Scale) Most private insurance	<b>Outpatient:</b> Individual, Family, and Group Therapy Psychological Assessments Community Support Services	<b>(636) 332-6000</b> 1032 Crosswinds Court Wentzville,MO 63385 <a href="http://compasshealthnetwork.org/location/crider-health-center-wentzville/">http://compasshealthnetwork.org/location/crider-health-center-wentzville/</a>

### Family Forward

Serves Ages 3 – 19

Accepted Insurance	Services Offered	Contact
Medicaid	<b>Outpatient, In Home Services:</b> Developmental Trauma Center	<b>(314) 968-2350</b>

Fees based on pre-tax income (Sliding Scale) Most private insurance	Individual, Family, and Group Therapy Respite Care	1167 Corporate Lake Dr, Saint Louis, MO 63132-1716 <a href="https://familyforwardmo.org/">https://familyforwardmo.org/</a>
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<b>Family Support Network</b> Serves ages 1 - 13
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Accepted Insurance	Services Offered	Contact
<b>All Services are Free:</b> If you live in St. Louis City, St. Louis County or St. Charles County	<b>Outpatient/ In Home Services:</b> 6 – 9 Months of Individual and Family Therapy in the Home	<b>(314) 918-3301</b> 110 N Elm Ave. Webster Groves, MO 63119 <a href="https://www.epworth.org/programs/family-support-network-fsn/">https://www.epworth.org/programs/family-support-network-fsn/</a>

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<b>Great Circle</b> Serves All Ages
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Accepted Insurance	Services Offered	Contact
Medicaid Most private insurance	<b>Outpatient/ Intensive Outpatient:</b> Individual, Couples, Family, & Group Therapy Parenting Programs Respite Care	<b>(314) 968-2060</b> 330 North Gore Avenue, St. Louis, MO 63119 <a href="https://www.greatcircle.org/index.php/services-by-program/crisis-services-2">https://www.greatcircle.org/index.php/services-by-program/crisis-services-2</a>

<b>Jewish Family &amp; Children’s Service</b> Programs for All Ages
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Accepted Insurance	Services Offered	Contact
Therapy free for children living in St. Louis Country Medicaid Fees based on pre-tax income (Sliding Scale) Most private insurance for adults	<b>Outpatient:</b> Individual & Family Therapy Support Groups	<b>(314) 993-1000</b> 10950 Schuetz Rd, St. Louis, MO 63146 <a href="https://jfcs-stl.org/">https://jfcs-stl.org/</a>

<b>Keystone Mental Health Services</b> Serves Ages 18 Months +
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Accepted Insurance	Services Offered	Contact
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<p>Medicaid/Medicare HMO</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Need based assistance for those who qualify</p> <p>Most private insurance</p>	<p><b>Outpatient:</b></p> <p>Psychological Assessments</p> <p>Individual, Family, &amp; Group Therapy</p>	<p>(314) 533-2229, ext. 223</p> <p>4326 Lindell Boulevard, St. Louis, MO 63108</p> <p><a href="https://www.ourlittlehaven.org/keystone-mental-health-services/">https://www.ourlittlehaven.org/keystone-mental-health-services/</a></p>
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<p><b>Kids in the Middle</b></p> <p>Serves Ages 3 ½ +</p>
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Accepted Insurance	Services Offered	Contact
<p>Services free for those living in St. Charles County and St. Louis County</p>	<p><b>Outpatient:</b></p> <p>Individual, Family, &amp; Group Therapy for Families Dealing with Separation/Divorce</p>	<p>(314) 909-9922</p> <p>2650 South Hanley Road Suite 150 Maplewood, Missouri 63144</p> <p><a href="https://www.kidsinthemiddle.org/services-information/">https://www.kidsinthemiddle.org/services-information/</a></p>

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<p><b>Lacy Clay Center for Children’s Health</b></p> <p>Serves Ages 5+</p>
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Accepted Insurance	Services Offered	Contact
<p>Medicaid</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Some private insurance</p>	<p><b>Outpatient/ Inpatient:</b></p> <p>Individual &amp; Family Therapy</p> <p>Provides Services in the Home, in School and at the Center</p> <p>Medication Services</p> <p>Residential Program for Youth in Transition</p>	<p>(314) 531-1770</p> <p>5647 Delmar Blvd. St. Louis, MO 63112</p> <p><a href="http://hopewellcenter.com/location/amanda-luckett-murphy-hopewell-centers/">http://hopewellcenter.com/location/amanda-luckett-murphy-hopewell-centers/</a></p>

<p><b>Lutheran Family and Children’s Services of Missouri</b></p> <p>Serves Those Under 20</p>
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Accepted Insurance	Services Offered	Contact
<p>No – little cost for residents of St. Louis, St. Charles and Franklin Counties (For those under 20)</p> <p>Fees based on pre-tax income (Sliding Scale)</p> <p>Some private insurance</p>	<p><b>Outpatient:</b></p> <p>Individual, Family &amp; Couples Therapy</p>	<p>(314) 787-5100</p> <p>9666 Olive Blvd., St. Louis 63132</p> <p><a href="https://lfcsmo.org/">https://lfcsmo.org/</a></p>

<p><b>Provident</b></p> <p>Ages 4+</p>
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Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Fees based on pre-tax income (Sliding Scale) Most private insurance	<b>Outpatient:</b> Individual, Family, & Group Therapy School Based Therapy	<b>(314)533-8200</b> 11222 Tesson Ferry, Ste. 100 St. Louis, MO 63123 <a href="https://www.providentstl.org/counseling/">https://www.providentstl.org/counseling/</a>

**St. Louis Center for Family Development**

Serves All Ages

Accepted Insurance	Services Offered	Contact
Most private insurance	<b>Outpatient:</b> Individual, Family, & Couples Therapy In Home Services Case Management	<b>(314) 531-1155</b> 3250 Hampton Avenue St. Louis, Missouri 63139 <a href="https://stlcfcd.com/services/">https://stlcfcd.com/services/</a>

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**St. Louis Counseling**

Serves Ages 5+

Accepted Insurance	Services Offered	Contact
Medicaid/Medicare Fees based on pre-tax income (Sliding Scale) Most private insurance	<b>Outpatient:</b> Individual, Couples, & Family Therapy	<b>(314) 544-3800</b> 10235 Ashbrook Drive St. Louis, MO 63137 <a href="https://saintlouis-counseling.org/counseling/">https://saintlouis-counseling.org/counseling/</a>

**Supporting Positive Opportunities with Teens (SPOT)**

Serves Ages 13-24

Accepted Insurance	Services Offered	Contact
All services are free	<b>Outpatient:</b> Individual & Group Therapy Substance Abuse Treatment	<b>(314) 535-0413</b> 4169 Laclede Ave. St. Louis, MO 63108 <a href="http://thespot.wustl.edu/">http://thespot.wustl.edu/</a>

**The Child and Adolescent Psychiatry Center**

Serves Ages 3 - 18

Accepted Insurance	Services Offered	Contact
Some Medicaid/Medicare Most private insurance	<b>Outpatient:</b> Diagnostic Assessments	<b>(314) 286-1700</b> 4444 Forest Park Avenue Suite 2600

	Medication Services	St. Louis, MO 63108 <a href="https://childpsychiatry.wustl.edu/clinical-services/">https://childpsychiatry.wustl.edu/clinical-services/</a>
<b>Washington University Psychological Service Center</b> Serves Ages 17+		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
Fees based on pre-tax income (Sliding Scale)  They do NOT accept private insurance	<b>Outpatient:</b>  Individual Therapy,  Psychological Testing and Diagnostics	<b>(314) 935-6555</b>  7 North Jackson Avenue St. Louis, MO 63105  <a href="http://psychnet.wustl.edu/psc/">http://psychnet.wustl.edu/psc/</a>

**\*\* All services are by APPOINTMENT ONLY unless stated otherwise \*\***

<b>Youth in Need</b> Age 5 - 18		
<b>Accepted Insurance</b>	<b>Services Offered</b>	<b>Contact</b>
No cost services for Residents of St. Charles or St. Louis Counties	<b>Outpatient:</b>  Individual & Family Therapy	St Charles County: <b>636-757-9424</b> St. Louis County: <b>314-594-5010</b>  1815 Boone's Lick Road St. Charles, Missouri 63301  <a href="http://www.youthinneed.org/">http://www.youthinneed.org/</a>